



LOYOLA COLLEGE (AUTONOMOUS) CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – COUNSELLING PSYCHOLOGY

FOURTH SEMESTER – APRIL 2025

PCP 4502 – CURRENT TRENDS IN COUNSELLING



Date: 25-04-2025

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

PART – A

Q. No Answer any FOUR questions (not exceeding 200 words) (4 x 5 = 20 Marks)

- 1 Discuss the challenges faced by counselling professionals in India.
- 2 Outline the counselling program's mission and objectives according to CACREP standards.
- 3 List the strategies that can be used by counsellors to overcome compassion fatigue and burnout?
- 4 Describe the difficulties faced by LGBTQ communities and the counselling approaches that can help them.
- 5 State your personal vision for self-development as a counsellor.

PART – B

Q.No Answer any FOUR questions (not exceeding 500 words) (4 x 10 = 40 Marks)

- 6 Outline the APA guidelines for the optimal use of social media in psychological practice.
- 7 Evaluate the applications of CACREP standards in building the quality of a counselling program.
- 8 Examine the personal qualities and practices essential for a competent counsellor.
- 9 Summarize the needs of older people and explain the approaches that can be used to counsel older population.
- 10 Illustrate your vision for the future of counselling profession in India.

PART – C

Q.No Answer any TWO questions (not exceeding 1000 words) (2 x 20 = 40 Marks)

- 11 Examine the innovations in the field of counselling after Covid-19 pandemic.
- 12 Elucidate the ethical and legal responsibilities of counselling professionals.
- 13 Explain in detail the theoretical models, competencies and issues related to multicultural counselling.
